

Yo-Yo Test Recording Sheet

Yo-Yo Endurance Test Level 2

Date: _____
Time: _____
Surface: _____
Conditions: _____

8.1	8.2	8.3	8.4	8.5	8.6	8.7	8.8	8.9	8.10						
9.1	9.2	9.3	9.4	9.5	9.6	9.7	9.8	9.9	9.10	9.11					
10.1	10.2	10.3	10.4	10.5	10.6	10.7	10.8	10.9	10.10	10.11					
11.1	11.2	11.3	11.4	11.5	11.6	11.7	11.8	11.9	11.10	11.11					
12.1	12.2	12.3	12.4	12.5	12.6	12.7	12.8	12.9	12.10	12.11	12.12				
13.1	13.2	13.3	13.4	13.5	13.6	13.7	13.8	13.9	13.10	13.11	13.12				
14.1	14.2	14.3	14.4	14.5	14.6	14.7	14.8	14.9	14.10	14.11	14.12	14.13			
15.1	15.2	15.3	15.4	15.5	15.6	15.7	15.8	15.9	15.10	15.11	15.12	15.13			
16.1	16.2	16.3	16.4	16.5	16.6	16.7	16.8	16.9	16.10	16.11	16.12	16.13			
17.1	17.2	17.3	17.4	17.5	17.6	17.7	17.8	17.9	17.10	17.11	17.12	17.13	17.14		
18.1	18.2	18.3	18.4	18.5	18.6	18.7	18.8	18.9	18.10	18.11	18.12	18.13	18.14		
19.1	19.2	19.3	19.4	19.5	19.6	19.7	19.8	19.9	19.10	19.11	19.12	19.13	19.14	19.15	
20.1	20.2	20.3	20.4	20.5	20.6	20.7	20.8	20.9	20.10	20.11	20.12	20.13	20.14	20.15	
21.1	21.2	21.3	21.4	21.5	21.6	21.7	21.8	21.9	21.10	21.11	21.12	21.13	21.14	21.15	21.16